

## NORTHLANDS WOOD PRACTICE

### PATIENT INFORMATION LEAFLET ON TRAVEL VACCINATIONS

Travel vaccinations are chargeable as they are a private service.

Advice on vaccinations and malaria protection for travellers changes frequently and rapidly, and to ensure our patients get the latest, up-to-date information, we ask you to contact a specialist travel service for current advice before we give any vaccinations:

The Medical Advisory Service for Travel Abroad (MASTA)

<http://www.masta-travel-health.com>. Tel: 09068 224 100

The online MASTA Full Health Brief costs £3.99

**Unfortunately, our Practice Nurses are unable to carry out vaccinations for patients who attend without a copy of their MASTA full health brief.**

Alternatively you may attend any private travel clinic, a selection is below and others are available:

Sussex Travel Clinic, Brighton 01273 749100;

Atlas Travel Clinic, Crawley 01293 507400;

St Peter's Medical Centre, Brighton 01273 606636

If you need to ascertain what vaccinations you have previously had, reception can provide patients with copies of their vaccination history on request.

If you would like your vaccinations to be done at Northlands Wood Practice, please contact reception who will arrange for a Practice Nurse to call you and discuss your requirements before booking the appropriate appointment(s).

For multi-destination travellers, or if a course of vaccinations is required, you may need to attend several times. Some vaccinations require three injections at specific intervals, so please ensure you allow a minimum of 6-8 weeks for these before you travel.

#### **COSTS**

- Hepatitis A, Typhoid, Tetanus, Diphtheria and Polio vaccinations are free, at present.
- Hepatitis B (course of 3) vaccinations are £40 per injection.
- Meningitis C (ACWY) vaccinations are £75 per injection
- Rabies (course of 3) vaccinations are £50 per injection
- Anti-malarial prescriptions are private prescriptions and are charged at £12 each.
- Please note you will have to pay privately at the pharmacy for the items as well. Travel vaccinations are not available on an NHS prescription.
- Cholera powder is not available from the surgery, please buy from MASTA.

We do not offer Yellow Fever or Japanese Encephalitis vaccinations, but the private travel clinics above plus Dolphins Practice and Lindfield Practice offer these. (You do not have to be a registered patient there).

**PTO**

## **Malarial Protection**

For up-to-date information on malarial protection please contact MASTA. Most anti-malarial tablets are available from your pharmacy without a prescription. If you need Mefloquine, Doxycycline or Malarone, you will need to discuss it with the practice nurse during your consultation. A private prescription can then be provided at a cost of £12.00 per person.

## **Regular Medication**

If you take any medication on a regular basis please check two weeks before you travel that you have a sufficient amount for your trip. We are not allowed to prescribe for patients that are going to live abroad for long periods. However, we are happy to supply you with details of your treatment and a short-term supply so that you can make arrangements with a doctor when you reach your destination.

## **Women who are pregnant or likely to become pregnant**

Special considerations apply to this condition, please ensure the doctor, nurse and pharmacist are aware so that you are not given any medications which could damage your baby.